**Pre-Clinical / Post-Conference Debriefing: Topics and Questions**

**Mental Health**: In addition to completing the simulations, students should be prepared

to discuss the following components (below are potential topics and questions).

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| **Diagnosis** | **Topics** | **Sample Questions** |
| **ADHD** | 1. Considerations of client taking dextroamphetamine (Adderall) 2. Employment options for clients with ADHD (talents, challenges, and skills) | 1. What are some considerations when doing an admission intake with a client with ADHD? 2. What are some interventions to assist patients to refrain from distracting fellow clients in the dayroom? 3. What tasks can you offer to clients, so they are not distracting others while in the dayroom? |
| **Anorexia** | 1. Incidence of men vs women 2. How to do a food inventory 3. Recovery/mortality rate/morbidity/co-morbidities | 1. What are eating and lifestyle habits of clients with anorexia? 2. What conversations may be initiated with clients with anorexia to turn their focus away from food and the power it symbolizes?? |
| **Antisocial Personality Disorder** | 1. Interventions to protect the community 2. Boundary-setting with clients with this disorder 3. Documentation requirements | 1. How would you prepare your colleagues for a new admission with a client with this disorder? 2. What are treatment plans for clients with this disorder? |
| **Bipolar Disorder** | 1. Treatment plan for clients with bipolar disorder 2. Differentiation of Type 1/Type 2 | 1. What are the manifestations of mania? 2. Why do some clients prefer their manic periods? How should the nurse address this with a client? |
| **Bulimia** | 1. Nursing implications, extent of observation required/physiological impacts 2. Use of Tofranil benefits/effects | 1. How would you take a food inventory? 2. What are the educational needs for clients with bulimia? |
| **Catatonia** | 1. Interventions for clients demonstrating echolalia 2. Side effects of tricyclic antidepressants | 1. How would you describe a client that is catatonic? 2. What effects does catatonia have on their movement(s) or the lack there of? |
| **Dementia** | 1. Short and long-term impacts of dementia 2. Types of memory loss 3. Patient’s environment and safety | 1. How do conversations with the family/significant others of clients with dementia shape their plan of care? 2. What questions should the nurse consider when interviewing client with dementia? |
| **Dissociative Amnesia** | 1. Journaling, activities to help patients understand their disorder 2. Therapeutic relationship(s) 3. Long term considerations of clients taking Ativan (side effects, duration, etc.) | 1. What is a good way to have patient confront their feelings and emotions related to this disorder? 2. How do you provide a safe environment for patients when expressing their feelings? |
| **ETOH Dependance** | 1. Incidence/mortality/morbidity 2. Acuity of withdrawal/associated nursing care | 1. What are symptoms of early withdrawal? 2. What is a Clinical Institute Withdrawal assessment, CIWA? How is it used in the care of clients? |
| **Major Depressive Disorder** | 1. Types of depression 2. Long term side effects of treatment | 1. What are warning signs of suicide? 2. What are the signs/symptoms of major depressive disorder? How are they managed |
| **Panic Disorder w/ Agoraphobia** | 1. Interventions used to manage this disorder 2. Therapeutic environments | 1. Is this a disability? 2. Is Xanax an appropriate treatment? What are complications of long-term use of this medication? |
| **PTSD** | 1. Long-term issues with medications 2. Plan of care circumventing triggers | 1. Why do clients with PTSD encounter difficulty maintaining relationships and long-term employment? 2. What is the success rate of recovery with PTSD? 3. What are potential triggers for clients with PTSD? |
| **Schizophrenia** | 1. Patient interviews with someone who is experiencing hallucinations 2. How does the nurse evaluate improvement in the symptoms of schizophrenia | 1. What types of hallucinations may a patient experience? 2. When is seclusion appropriate for a patient who is hallucinating? |
| **Somatic Symptom Disorder** | 1. Signs/symptoms 2. Use of single or combination of antidepressants | 1. What topics and conversations may a nurse address with a client with this disorder to re-focus the client away from their own experiences? 2. How can a nurse differentiate signs and symptoms associated with this disorder from those causes by other etiologies? |